

## **The Power of the Mass**

### **Reflections from the Theology Library**

At the hour of death the Holy Masses you have heard devoutly will be your greatest consolation.

Every Mass will go with you to Judgement and will plead for pardon for you.

By every Mass you can diminish the temporal punishment due to your sins, more or less, according to your fervour.

By devoutly assisting at Holy Mass you render the greatest homage possible to the Sacred Humanity of Our Lord.

Through the Holy Sacrifice, Our Lord Jesus Christ supplies for many of your negligences and omissions.

He forgives you all the venial sins which you are determined to avoid. He forgives you all your unknown sins which you never confessed. The power of Satan over you is diminished.

By piously hearing Holy Mass you afford the Souls in Purgatory the greatest possible relief.

Through Holy Mass you are preserved from many dangers and misfortunes which would otherwise have befallen you. You shorten your Purgatory by every Mass.

Through the Holy Mass you are blessed in your temporal goods and affairs.

When you hear Holy Mass devoutly, offering it to Almighty God in honour of any particular Saint or Angel, thanking God for the favours bestowed on him, etc., you afford that Saint or Angel a new degree of honour, joy and happiness, and draw his special love and protection on yourself.

Every time you assist at Holy Mass, besides other intentions, you should offer it in honor of the Saint of the day.

## **Quotes About the Mass**

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"The Mass is the most perfect form of prayer!"

~Pope Paul VI~

For each Mass we hear with devotion, Our Lord sends a saint to comfort us at death.

~revelation of Christ to St. Gertrude the Great~

Once, St. Teresa was overwhelmed with God's Goodness and asked Our Lord "How can I thank you?" Our Lord replied, "ATTEND ONE MASS."

The Blessed Virgin Mary once told Her faithful servant Alain: "My Son so loves those who assist at the Holy Sacrifice of the Mass that, if it were necessary He would die for them as many times as they've heard Masses."

"The Holy Mass would be of greater profit if people had it offered in their lifetime, rather than having it celebrated for the relief of their souls after death."

~Pope Benedict XV~

A great doctor of the Church, St. Anselm, declares that a single Mass offered for oneself during life may be worth more than a thousand celebrated for the same intention after death. St. Leonard of Port Maurice supports this statement by saying that one Mass before death may be more profitable than many after it.

"When we receive Holy Communion, we experience something extraordinary - a joy, a fragrance, a well being that thrills the whole body and causes it to exalt."

~Saint Jean Vianney~

"The celebration of Holy Mass is as valuable as the death of Jesus on the cross."

~Saint Thomas Aquinas~

"If we really understood the Mass, we would die of joy."

~Saint Jean Vianney~

"There is nothing so great as the Eucharist. If God had something more precious, He would have given it to us."

~Saint Jean Vianney~

"It would be easier for the world to survive without the sun than to do without Holy Mass."

~Bl Padre Pio, stigmatic priest~

"When we have been to Holy Communion, the balm of love envelops the soul as the flower envelops the bee."

~Saint Jean Vianney~

"The heavens open and multitudes of angels come to assist in the Holy Sacrifice of the Mass."

~Saint Gregory~

"The angels surround and help the priest when he is celebrating Mass."

~St. Augustine~

"When Mass is being celebrated, the sanctuary is filled with countless angels who adore the divine victim immolated on the altar."

~St. John Chrysostom~